

Rationale. At Sharpley, we use the Key PE scheme as the Head, Heart, Hands approach meets the needs of our children. Our PE programme is designed to develop children's basic physical competencies, build confidence in their ability and create the foundations for a lifelong love of sport, physical activity and a healthy lifestyle. Our extra-curricular activities are planned and delivered at times to suit the school community, and they are free of charge to ensure access for all. Competitive sport opportunities are a high priority due to limited experiences out of school.

Intent

We aim to develop pupils who...



Develop physical competency in a wide range of physical activities that provide challenge for all.



Build confidence and resilience in sporting activities.



Develop social, emotional and cognitive development through physical activity.



Develop physical well-being through increased stamina, strength, balance, co-ordination, flexibility and agility.



Understand how to plan, organise and lead their own healthy, active lifestyles.



Have access to a variety of sports and physical activity opportunities.



Engage in competitive sport.

Implementation

How will we will achieve our aims?

Key PE Progression

The Key PE scheme is a progressive document from EYFS to Y6. This scheme provides activities to promote a broad range of movement knowledge and skills, placing pupils in cooperative, collaborative and competitive situations that cater for the need of all pupils.

EYFS

EYFS plan and assess using Development Matters (DfE 2017). Physical Development is a Prime Area and both gross and fine motor skills are planned and assessed through continuous provision and adult led activities.

Planning

Planning incorporates the Head, Heart, Hand approach to PE.

Head: Cognition, understanding, developing tactics and strategies, rules, ethics and an understanding of health, fitness and the human body.

Heart: Effort, character development, grit, resilience, respect for the rules and for each other, leadership and communication, teamwork and communication.

Hands: Practical application of the knowledge and understanding acquired through physical literacy.

Assessment

Assessment will use the objectives from the Key PE scheme. Teachers and coaches collaborate to assess children and ascertain whether they are meeting the statements. These are inputted to Insight for analysis by the subject leader. Popplet is used to gather evidence against assessments.

SEND

Our PE curriculum is inclusive and promotes achievement for all. Lessons are adapted for differing needs through the STTEP model (Space, Time, Task, Equipment, People).

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Implementation

Continued...

School Games

We engage highly with Bolton School Games coordinators. Through the curriculum learning, club offer and competitive sport attendance we have achieved the Gold School Games Mark. Thus, demonstrating our commitment to PESPA.

Gymnastics

Bolton Gymnastics lead our Gymnastics teaching and coaching for staff. Reception have weekly lessons to develop core strength, agility and coordination. Other year groups are timetabled for a weekly session for one term a year.

Swimming

Swim School at Sharples High School deliver our swimming teaching. Children in Year 4 and 6 attend intensive swimming blocks to ensure the greatest progress. Children who do not meet the KS2 expected standard attend additional top-up lessons.

Competition

We attend a large number of inter-school sports events, offering the opportunity to represent school in a range of sports for each year group. Our coaches deliver intra-school competition on a weekly basis in a range of sports.

Clubs

We extend and enrich PE through out of school hours clubs. These take place before school, at lunchtime or after school. A variety of sports and physical activities are available for differing year groups, changing on a half-termly or termly basis.

CPD

CPD is of high importance. All teachers' complete questionnaires at the beginning of the year to ascertain what CPD needs there are for PE. CPD is planned and delivered by PE lead, coaches and via online learning.

Impact

How will we know we have achieved our aims?



Children have a willingness to practise skills in a range of activities. They apply these skills to achieve high levels of performance.



Children are confident in a range of sporting activities. They show resilience when situations go against them.



Children have positive attitudes towards physical activity.



Children have the ability to remain physically active for sustained periods of time.



Children have an understanding of the importance of being physically active in promoting long term health and well-being.



Children have highly positive attitudes towards physical activity and have the ability to make informed choices about engaging fully in extra-curricular sport.



Children have a willingness to participate in competitive sport. They are proud to represent our school and display a good attitude and sporting competence.